



Colour for your chance to WIN:

Kids Selfie Camera (7-12) or

**Pour Palz Large
Paint Bear (6 under)**



Entry by post:

SHM Colouring Competition,
ACA, PO Box 255,
Parramatta NSW 2124

Entry by email:

Email a scanned copy of your entry to:
campaigns@chiropractors.org.au

ENTRIES CLOSE 1 JULY 2026

Name: _____

Age: _____

Address: _____

State: _____ Postcode: _____

Phone: _____

Email: _____

Conditions of Entry

1. Entry is open to all Australian residents up to and including the age of 12. More than one entry is permitted per person.
2. In submitting an entry to the SHM Colouring Competition, you are agreeing to the full Conditions of Entry.
3. Entries must be sent to SHM Colouring Competition, ACA, PO Box 255, Parramatta NSW 2124. Winners will be judged by ACA representatives, based on artistic merit and creativity.
4. Entries may, at the discretion of the ACA, be used in any marketing activity, including, but not limited to, use in print, media and on websites. ACA will ensure that privacy and anonymity are retained at all times in its use of entries in this way.
5. There will be two categories of winners. One winner from each State and Territory will be selected from each category resulting in a total of 16 winners (2 winners per State/Territory). The categories used to judge the competition will be: 6 years and under / 7 to 12 years of age.
6. The Competition commences 20/04/2026 and ends 01/07/2026.
7. The judging of prizes will take place by Monday 6 July 2026 at the ACA office in Parramatta, NSW.
8. Winners will be notified by email or telephone no later than Wednesday 8 July 2026.
9. Each prize winner (7-12 years) will receive a 'Kids Selfie Camera.' Each prize winner (6 / under) will receive a 'Pour Palz Large Paint Bear'.
10. Delivery of prizes will be coordinated by ACA, to be supplied to the winner(s) within three months of the judging.
11. Winners' names will also be published on the SHM website by Wednesday 8 July 2026.
12. In the event of any dispute, the decision of the promoter is final and binding and no correspondence will be entered into.
13. Prizes are not transferable or exchangeable and cannot be exchanged or redeemed for cash.

SPINAL HEALTH MONTH: 1 - 30 JUNE 2026

Healthy Spine – Healthy Mind.
spinalhealth.org.au

