



AUSTRALIAN  
CHIROPRACTORS  
ASSOCIATION



WorkSpace Week 2-8 October 2023



# #StraightenUpAustralia 3 Minute Challenge

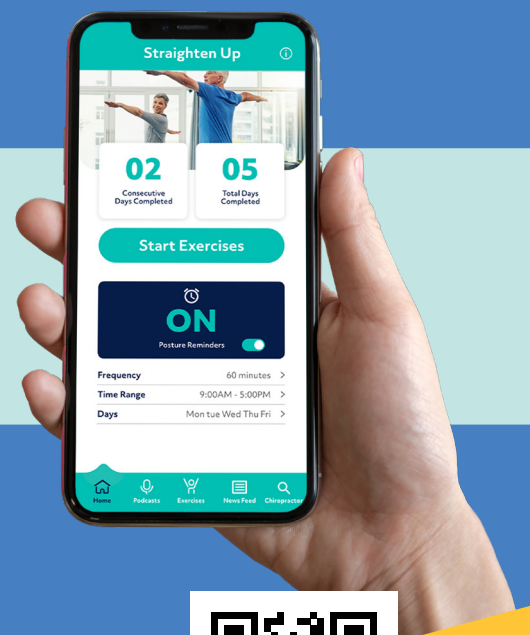
Join our **#StraightenUpAustralia** challenge because prevention is the best protection!

Date: .....

Time: .....

Location: .....

Download the FREE  
**Straighten Up** app



**#MyHealthyWorkspace**

For more information on the #StraightenUpAustralia Challenge and to access free resources to Work Well Anywhere, visit

**workspaceweek.org.au**