



The Synergy of Chiropractic Care and Nutritional Supplement Solutions

Supporting your clients in between treatments.

Managing your client's pain



Complementary medicine helps address pain alongside chiropractic care.

DID YOU
KNOW?



Nearly 60% of Australian adults suffer from pain¹

Whether that be back pain, headache, joint pain, muscle cramps, arthritis, migraine, nerve pain or low bone density.

That makes pain the highest ranking category of conditions that the Australian population suffer from, and 94% of Chiropractors say that pain is the area they mostly practice in.



¹Thrive Research, 2022

State dependent nutritional supplementation in conjunction with chiropractic care

Natural supplementation can support clients throughout their care plan:

1. Natural pain relief for use in between treatments for rapid, acute and chronic pain relief
2. Ongoing support for corrective care to optimise physical function – heal tissue and resolve chronic inflammation
3. Long-term wellness and health maintenance

Depending on the stage your client is at, there are specific complementary medicine formulations that can help to support Chiropractic care in achieving wellness.



1. Relieve

Acute Care: Reduce pain and discomfort
Complementary medicines to support stage 1



Inflagesic™



Bio Absorb
PEA Advanced



PainX

Effective pain relief that starts to work in one hour.

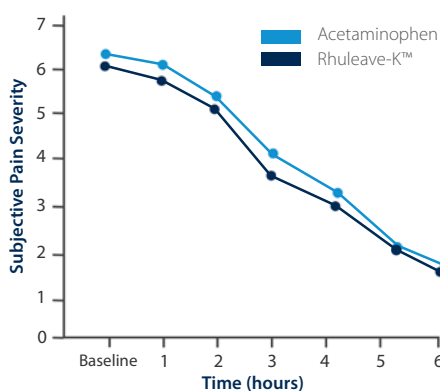
Formulation:

Curcumin	133 mg
Boswellia serrata (BosPure® Boswellia) (Rhuleave-K™)	500 mg

Clinical benefits:

- Analgesic and anti-inflammatory.
- Contains SPEEDTECH™ technology, clinically demonstrated to relieve pain in as little as 1 hour.

Rhuleave-K™ vs. Acetaminophen (paracetamol)



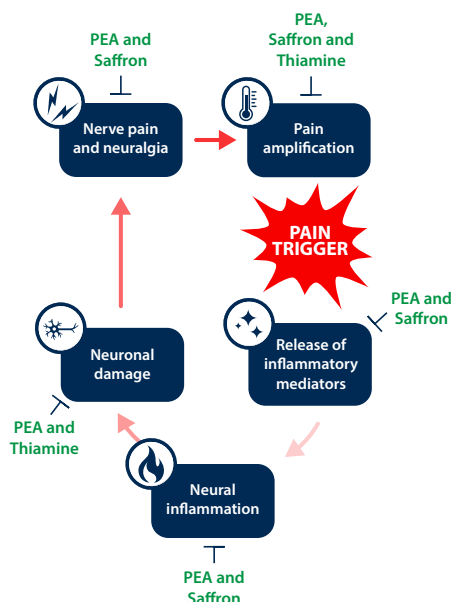
Rhuleave-K™ and SPEEDTECH™ are trademarks of Arjuna Natural LLC.

High strength, enhanced absorption PEA for mild nerve pain combined with saffron.

Formulation:

Palmitoylethanolamide PEA (Levagen+™)	300 mg
Thiamine hydrochloride (Vitamin B1)	50 mg
Dry herbal extract: <i>Crocus sativus</i> (affron®), stigma	7.5 mg
Derived from dry stigma	22.5 mg

PEA, Saffron and Vitamin B1 in the pain cycle:



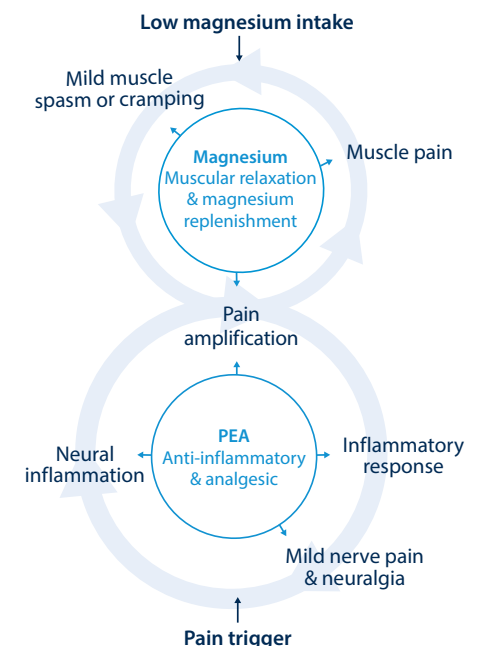
Levagen+™ is owned by Gencor Pacific Limited.

Reduces and relieves nerve pain and persistent muscular pain, cramps, and spasm.

Formulation:

Magnesium glycinate dihydrate (Meta Mag® - Magnesium bisglycinate)	2.1 g
Equivalent Magnesium	210 mg
Palmitoylethanolamide PEA (Levagen+™)	300 mg

Magnesium and PEA address multiple drivers of pain amplification:



Levagen+™ is owned by Gencor Pacific Limited.
Meta Mag® is a registered trademark of Balchem Corp.



2. Repair

Sub-Acute/Corrective Care: Heal tissue and resolve chronic inflammation

Complementary medicines to support stage 2



SPM Active™

Specialised Pro-Resolving Mediators for unresolved inflammation.

Formulation:

Concentrated fish Omega-3 triglycerides (LIPINOVA-11TG™)	498 mg
Equivalent Eicosapentaenoic acid (EPA)	50 mg
Equivalent Docosahexaenoic acid (DHA)	100 mg

Clinical benefits:

- Stimulate resolution of inflammation.
- Assist unresolved and chronic inflammatory processes by actively helping the body naturally restore homeostasis.

What are 'SPMs'?

SPMs are natural, activated metabolites of purified Omega-3 (EPA and DHA) from fish oil, which target inflammatory responses and encourage resolution.

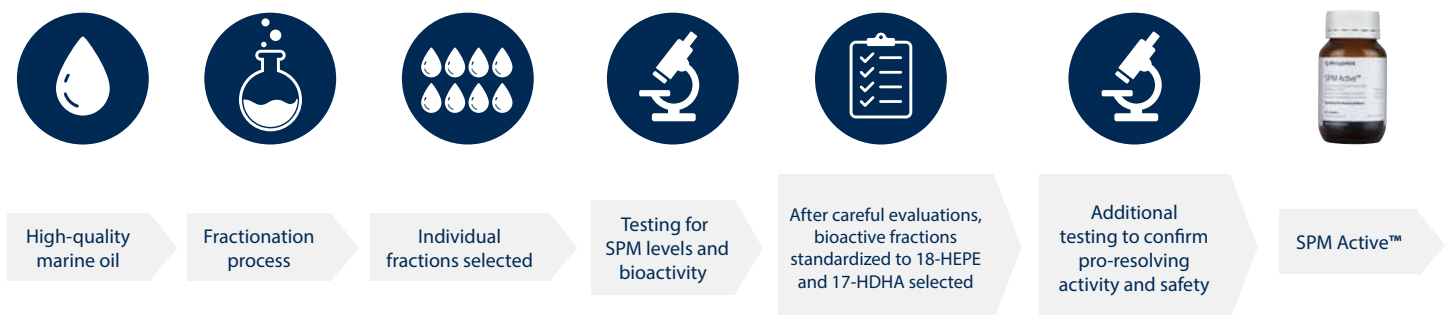


Figure 1: Production and testing process of SPM Active™.

Metagenics' global exclusivity for concentrated fish Omega-3 triglycerides, LIPINOVA-11TG™.

Lipinova™ SPM's is a trademark of SOLUTEX GC.

LIPINOVA™
SPECIALIZED PRO-RESOLVING LIPID MEDIATORS

Patents: Australia/AU 2013259503
New Zealand/NZ 702325



Scan here to learn more
about our entire pain
and inflammation range



3. Support

Health Maintenance: Prevent relapse and maintain wellness
Complementary medicines to support stage 3



Ultra Flora®
LGG Forte



Femme
Essentials
Multivitamin
and Mineral



Male Essentials
Multivitamin
and Mineral

Everyday probiotic for immune and gastrointestinal function.

Formulation:

Lactobacillus rhamnosus (LGG®) 20 billion CFU (organisms)

Clinical benefits:

- Immune support, gastrointestinal function and microbiome regeneration.
- Contains the authentic LGG® strain, with over 1000 scientific publications.
- Fridge free, live probiotic.

A healthy microbiome

Gut microbes play important roles in supporting many aspects of human health including digestive, immune, metabolic, hormonal, and nervous system processes.

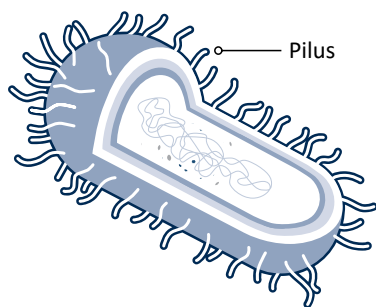


Figure 1: LGG® with pili (hair-like appendages) to maximise mucosal adhesion.

LGG® is a registered trademark of Chr. Hansen A/S.

Everyday women's multi with antioxidant support.

Clinical benefits:

Scientifically formulated to provide key nutrients³:

Femme Essentials contains specific vitamins that may support healthy hormone metabolism.² Vitamin B6, B12 and folic acid act as co-factors for enzymes involved in oestrogen metabolism.⁴

Femme Essentials also provides 100 mg of broccoli sprout powder (BroccoPlus™) per tablet. Glucosinolates are present in young broccoli sprouts at levels 10 to 100 times higher than in mature plants, making them a rich source of the most potent isothiocyanate, sulforaphane.⁵ Sulforaphane is involved in the clearance of reactive oxygen species.⁶

Highly bioavailable mineral chelates:

Femme Essentials contains bisglycinate forms of magnesium and iron for higher bioavailability.⁷ Femme Essentials provides 5 mg of iron per tablet which may assist in conditions of increased dietary demand such as in vegetarians and the elderly.⁸



Scan to view
full ingredients

Everyday men's multi, with milk thistle, to support energy production and male health.

Clinical benefits:

Male health: Male Essentials is a comprehensive multivitamin and mineral formula which provides 20 mg of zinc per tablet to assist in the maintenance of healthy hormone metabolism.¹

Zinc is concentrated in the male reproductive system, particularly in the prostate.⁵

Zinc also assists in the maintenance of healthy hair.⁶ In vitro studies have shown zinc to reduce the production of the androgen di-hydro testosterone (DHT).⁵

Male Essentials is formulated to assist energy production, maintain healthy cognition and brain function.^{7,8}

Assists with liver health: Milk thistle has been shown to act as a hepatoprotective.⁹ Milk thistle has also illustrated increases in ribosomal protein synthesis that assists the formation of new hepatocytes in the liver.¹⁰



Scan to view
full ingredients

This supplementation support process can be used to guide clients through other conditions associated with 🧠 stress and anxiety, 🧠 fatigue, 🍷 digestion and gut health, as well as 🛡️ immune deficiencies.



Scan here to learn more about
how you can tailor other
symptoms to our products

Dedicated to helping people live happier, healthier lives

Metagenics has been providing the highest quality Natural Medicines for over 35 years, and is the number one supplier of Practitioner only Natural Medicines in Australia and New Zealand. We are committed to providing highly efficacious products, along with the best support services and education, helping natural healthcare professionals achieve the best outcomes for their clients.

Metagenics' rigorous testing measures continue to exceed industry standards with:

TruQuality™
PURITY, POTENCY, TRANSPARENCY

Where **Quality**
Meets **Transparency**



Metagenics Institute™

Visit our educational platform to learn how to use Metagenics products, with a plethora of resources and complimentary, on-demand viewing.



Your Learning Awaits.
Visit Metagenics
Institute here

Certified



Metagenics is proud to be a **Certified B Corporation™**. Being a #BCorp means we are not only committed to our purpose but also our impact on everything we do – including our customers, suppliers, community and the environment.



Dedicated Clinical Support Team

If you have any questions or queries regarding Metagenics products, or complex cases, do not hesitate to reach out to our Clinical Support team.

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