



ICSC Extremity Modules
+ Sports Chiropractic Masterclass
3-5 December 2021 Melbourne, Victoria

FRIDAY 3 December 2021

8:00 – 8:30am	Registration Open
8:30 – 9:00am	Clinical Assessment & Evidence-based Management of Plantar Heel Pain - Kade Paterson
9:00 – 10:00am	Assessing your Tendinopathy Patients - Ebonie Rio
10:00 – 10:30am	Morning Break
10:30 – 11:30am	Hand and Wrist Injuries in the Athlete - Jason Harvey
11:30 – 12:30pm	Hamstring Assessment & Management - Ryan Timmins & Jack Hickey
12:30 – 1:30pm	Lunch
1:30 – 2:00pm	Quadricep Strain Injuries - Rees Thomas
2:00 – 3:00pm	Foot Function – Michelle Bergeron
3:00 – 3:30pm	Dry Needling – Practical Application - Sam Millard
3:30 – 4:00pm	Afternoon Break
4:00 – 5:00pm	4 Simple Ways to Improve ACLR Outcomes – Mick Hughes
5:00 – 5:30pm	The Deadlifts Fix Everything - Sarah Elston
5:30 – 6:00pm	Awards
6:00 – 7:00pm	Social Drinks

SATURDAY 4 December 2021

8:30 – 9:00am	Nutrition demands of the injured Athlete – Dominique Condo
9:00 – 10:00am	The Conundrum of Subacromial Pain - Tania Pizzari
10:00 – 10:30am	Morning Break
10:30 – 11:30am	Assessment & Clinical Decision Making for the Athlete with Groin Pain – Andrea Mosler
11:30 – 12:30pm	Role of Chiropractic in Management of the Common Ankle Sprain - Peter Garbutt
12:30 – 1:30pm	Lunch
1:30 – 2:30pm	Lower Limb Biomechanics in Rehabilitation – Tom O’Halloran
2:30 – 3:30pm	Manipulating Respiratory Patterns to Improve Athletic Performance - Steve Hewitt
3:30 – 4:00pm	Afternoon Break
4:00 – 5:00pm	Simplifying the Shoulder Complex - Matthew Wall
5:00 – 5:30pm	The Hip Factor of Leg Disorders – Rick Ames

SUNDAY 5 December 2021

9:00 – 9:30am	To be Confirmed
9:30 – 10:30am	Becoming Masters of Tissue Adaptation - Angus McEntyre
10:30 – 11:00am	Morning Break
11:00 – 12:00pm	Hands on for the Throwing Athlete – Adam Floreani & Nathan Akmens
12:00 – 12:30pm	3 FUNctional Assessments in 30 min - Steve Hewitt
12:30pm	Masterclass Concludes