



**ICSC Extremity Modules  
+ Sports Chiropractic Masterclass**  
20-22 August 2021 Melbourne, Victoria

## FRIDAY 20 AUGUST 2021

8:00 – 8:30am	<b>Registration Open</b>
8:30 – 9:00am	Clinical Assessment & Evidence-based Management of Plantar Heel Pain - <a href="#">Kade Paterson</a>
9:00 – 10:00am	Assessing your Tendinopathy Patients - <a href="#">Ebonie Rio</a>
10:00 – 10:30am	<b>Morning Break</b>
10:30 – 11:30pm	Hand and Wrist Injuries in the Athlete - <a href="#">Jason Harvey</a>
11:30 – 12:30pm	Hamstring Assessment & Management - <a href="#">Ryan Timmins &amp; Jack Hickey</a>
12:30 – 1:30pm	<b>Lunch</b>
1:30 – 2:00pm	Quadricep Strain Injuries - <a href="#">Rees Thomas</a>
2:00 – 3:00pm	Foot Function – <a href="#">Michelle Bergeron</a>
3:00 – 3:30pm	Dry Needling – Practical Application - <a href="#">Sam Millard</a>
3:30 – 4:00pm	<b>Afternoon Break</b>
4:00 – 5:00pm	4 Simple Ways to Improve ACLR Outcomes – <a href="#">Mick Hughes</a>
5:00 – 5:30pm	The Deadlifts Fix Everything - <a href="#">Sarah Elston</a>
5:30 – 6:00pm	Awards
6:00 – 7:00pm	<b>Social Drinks</b>

## SATURDAY 21 AUGUST 2021

8:30 – 9:00am	Nutrition demands of the injured Athlete – <a href="#">Dominique Condo</a>
9:00 – 10:00am	The Conundrum of Subacromial Pain - <a href="#">Tania Pizzari</a>
10:00 – 10:30am	<b>Morning Break</b>
10:30 – 11:30pm	Assessment & Clinical Decision Making for the Athlete with Groin Pain – <a href="#">Andrea Mosler</a>
11:30 – 12:30pm	Role of Chiropractic in Management of the Common Ankle Sprain - <a href="#">Peter Garbutt</a>
12:30 – 1:30pm	<b>Lunch</b>
1:30 – 2:30pm	Lower Limb Biomechanics in Rehabilitation – <a href="#">Tom O’Halloran</a>
2:30 – 3:30pm	Manipulating Respiratory Patterns to Improve Athletic Performance - <a href="#">Steve Hewitt</a>
3:30 – 4:00pm	<b>Afternoon Break</b>
4:00 – 5:00pm	Simplifying the Shoulder Complex - <a href="#">Matthew Wall</a>
5:00 – 5:30pm	The Hip Factor of Leg Disorders – <a href="#">Rick Ames</a>

## SUNDAY 22 AUGUST 2021

9:00 – 9:30am	To be Confirmed
9:30 – 10:30am	Becoming Masters of Tissue Adaptation - <a href="#">Angus McEntyre</a>
10:30 – 11:00am	<b>Morning Break</b>
11:00 – 12:00pm	Hands on for the Throwing Athlete – <a href="#">Adam Floreani &amp; Nathan Akmens</a>
12:00 – 12:30pm	3 FUNctional Assessments in 30 min - <a href="#">Steve Hewitt</a>
12:30pm	Masterclass Concludes