



ICSC Extremity Modules
 + Sports Chiropractic Masterclass
 20-22 August 2021 Melbourne, Victoria

FRIDAY 20 AUGUST 2021

8:00 – 8:30am	Registration Open
8:30 – 9:30am	To be confirmed
9:30 – 10:30am	Assessing your Tendinopathy Patients - Ebonie Rio
10:30 – 11:00am	Morning Break
11:00 – 11:30pm	Assessment & Management of Plantar Heel Pain - Kade Paterson
11:30 – 12:00pm	3 FUNctional Assessment in 30 min - Steve Hewitt
12:00 – 1:00pm	Hamstring Assessment & Management - Ryan Timmins & Jack Hickey
1:00 – 2:00pm	Lunch
2:00 – 2:30pm	Quadricep Strain Injuries - Rees Thomas
2:30 – 3:30pm	Hand and Wrist Injuries in the Athlete - Jason Harvey
3:00 – 4:00pm	Afternoon Break
4:00 – 5:00pm	7 Deadly Sins of ACL Rehab - Stephen King
5:00 – 5:30pm	Dry Needling – Practical Application - Sam Millard
5:30 – 6:00pm	Awards
6:00 – 7:00pm	Social Drinks

SATURDAY 21 AUGUST 2021

8:30 – 9:00am	The Deadlifts Fix Everything - Sarah Elston
9:00 – 10:00am	The Conundrum of Subacromial Pain - Tania Pizzari
10:00 – 10:30am	Morning Break
10:30 – 11:30pm	Assessment & Clinical Decision Making for the Athlete with Groin Pain – Andrea Mosler
11.30 – 12.00pm	To be confirmed
12:00 – 1:00pm	Lunch
1:00 – 2:00pm	Role of Chiropractic in Management of the Common Ankle Sprain - Peter Garbutt
2:00 – 2:30pm	Hip Factor of Leg Disorders - Rick Ames
2:30 – 3:30pm	Manipulating Respiratory Patterns to Improve Athletic Performance - Steve Hewitt
3:30 – 4:00pm	Afternoon Break
4:00 – 5:00pm	Simplifying the Shoulder Complex - Matthew Wall
5:00 – 5:30pm	To be confirmed

SUNDAY 22 AUGUST 2021

9:00 – 9:30am	Nutrition for Injuries - Dominique Condo
9:30 – 10:30am	Becoming Masters of Tissue Adaptation - Angus McEntyre
10:30 – 11:00am	Morning Break
11:00 – 12:00pm	Hands on for the Throwing Athlete – Adam Floreani & Nathan Akmens
12:00 – 12:30pm	To be confirmed
12:30 – 1:00pm	Lunch
1:00 – 3:00pm	To be confirmed
3:00pm	Masterclass Concludes