



# International Certificate in Sports Chiropractic (ICSC) Program



## FICS Hands-on Seminars

22-24 May, Melbourne Australia 2020

in partnership with Sports Chiro Australia (SCA)

### (UE) Upper Extremity Practical face to face seminar/workshop

- A. CONCEPT OF THE SPORTS CHIROPRACTOR – 30-60 minutes (every seminar)
- B. HEAD INJURY IN SPORT – AN UPDATE – 60 minutes (every seminar)
- C. SOFT TISSUE THERAPY PROCEDURES – 4 hours (Upper extremity specific)
- D. ADAPTIVE AND FUNCTIONAL TAPING AND BRACING – 7-8 hours (Upper Extremity specific)
- E. MOTION PALPATION AND MANIPULATION – 7-8 hours (Upper Extremity specific)

Time	Friday 22 May 2020	Saturday 23 May 2020	Sunday 24 May 2020
8:00	Registration & Welcome		
8:30	Intro to FICS and ICSC	Soft-Tissue interventions	Strapping
9:00	qualification	Upper Extremity	Upper Extremity
9:30	Head Injuries in sport		
10:30	Morning Tea	Morning Tea	Morning Tea
11:00	Mopal and CMT - Shoulder	Soft-Tissue interventions	Strapping
12:00		Upper Extremity	Upper Extremity
13:00	Lunch	Lunch	Panel discussion FAQ
14:00	Mopal and CMT-Shoulder	Strapping - Upper Extremity	all instructors
15:30	Afternoon Tea	Afternoon Tea	1pm close of seminar
16:00			
16:30	Mopal and CMT Elbow	Strapping - Upper Extremity	
17:00	Wrist & Hand		
17:30	Social Drinks - 1 hour		